

Management of Sepsis in Neutropenic Patients

Recommendations from the society for diagnosis and therapy of
haematological and oncological diseases

Publisher

DGHO Deutsche Gesellschaft für Hämatologie und
Medizinische Onkologie e.V.
Alexanderplatz 1
D-10178 Berlin

Executive chairman: Prof. Dr. med. Michael Hallek

Phone: +49 (0)30 27 87 60 89 - 0

Fax: +49 (0)30 27 87 60 89 - 18

info@dgho.de

www.dgho.de

Contact person

Prof. Dr. med. Bernhard Wörmann
Medical superintendent

Source

www.onkopedia-guidelines.info

The information of the DGHO Onkopedia Web Site is not intended or implied to be a substitute for professional medical advice or medical care. The advice of a medical professional should always be sought prior to commencing any form of medical treatment. To this end, all component information contained within the web site is done so for solely educational purposes. DGHO Deutsche Gesellschaft für Hämatologie und Onkologie and all of its staff, agents and members disclaim any and all warranties and representations with regards to the information contained on the DGHO Web Site. This includes any implied warranties and conditions that may be derived from the aforementioned web site information.

Table of contents

.....	0
.....	0
.....0	1 Basic Information..... 3
2 Definitions	3
2.1 Sepsis	3
2.2 Severe Sepsis and Septic Shock	4
3 Therapy	4
4 References	6
5 Links.....	6
6 Authors' Affiliations.....	6
7 Disclosure	8

Management of Sepsis in Neutropenic Patients

Status: January 2012

Compliance rules:

- [Guideline creation rules](#)
- [Conflict of interests](#)

Authors: Olaf Penack, Dieter Buchheidt, Maximilian Christopeit, Marie von Lilienfeld-Toal, Marcus Hentrich, Hans-Jürgen Salwender, Hans-Heinrich Wolf, Helmut Ostermann
on behalf of the AGIHO Infectious Diseases Working Party of the DGHO

1 Basic Information

Sepsis is a frequent syndrome caused by serious infections in neutropenic patients and remains a leading cause of non-relapse mortality. Clinical symptoms are highly acute. Early treatment with causal and supporting measures may reduce mortality. This guideline on diagnostics and therapy of sepsis was developed by the AGIHO Infectious Diseases Working Party of the DGHO. The majority of recommendations is based on studies in non-neutropenic patients, validated on experience in the care of patients in hematology and oncology.

Categories are based on the evaluation of study results and the recommendations developed by the Infectious Diseases Society of America, ISDA, see [Table 1](#).

Table 1: Categories of Evidence

Category, grade Strength of Recommendation	Definition
A	Good evidence to support a recommendation for use
B	Moderate evidence to support a recommendation for use
C	Poor evidence to support a recommendation for use
D	Moderate evidence to support a recommendation against use
E	Good evidence to support a recommendation against use
Quality of Evidence	Definition
I	Evidence from ≥ 1 properly randomized, controlled trial
II	Evidence from ≥ 1 well-designed clinical trial, without randomization; from cohort or case-controlled analytic studies (preferable from >1 centre); from multiple time series; or from dramatic results of uncontrolled experiments
III	Evidence from opinions of respected authorities, based on clinical experience, descriptive studies, or reports from expert committees

2 Definitions

2.1 Sepsis

Definition is based on the consensus criteria of the Society of Critical Care Medicine (SCC), European Society of Intensive Care Medicine (ESICM), American College of Chest Physicians (ACCP), American Thoracic Society (ATS) and the Surgical Infection Society (SIS) [1, 2], see [Table 2](#).

Table 2: Diagnostic Criteria of Sepsis

Category	Parameter
General	<ul style="list-style-type: none"> Fever (core temperature > 38,3° C) Hypothermia (core temperature < 36° C) Heart Rate > 90 b.p.m. or 2SD above the normal value for age Tachypnea > 30 breaths p.m Altered mental status Significant edema or positive fluid balance > 20 ml / kg over 24 h) Hyperglycemia (plasma glucose > 110 mg / dl or 7,7 mM / l) in the absence of diabetes
Inflammatory	<ul style="list-style-type: none"> C reactive protein > 2 SD above the normal value Procalcitonin > 2 SD above the normal value
Hemodynamic	<ul style="list-style-type: none"> Arterial hypotension (systolic blood pressure < 90 mmHg, mean arterial pressure < 70 or a systolic blood pressure decrease > 40 mmHg in adults) Mixed venous oxygen saturation > 70% Cardiac Index > 3,5 l / min / m²
Organ dysfunction parameters	<ul style="list-style-type: none"> Arterial hypoxemia (PaO₂/FIO₂ < 300) Acute oliguria (urine output <0,5 ml / kg / h for at least 2 h) Creatinine increase ≥ 0,5 mg / dl Coagulation abnormalities (INR > 1,5 or aPTT > 60 s) Ileus (absent bowel sounds) Hyperbilirubinemia (plasma total bilirubin > 4 mg / dl or 70 mmol / l)
Tissue perfusion	<ul style="list-style-type: none"> Hyperlactatemia (>3 mmol / l) Decreased capillary refill or mottling

2.2 Severe Sepsis and Septic Shock

Criteria of severe sepsis and septic shock are summarized in [Table 3](#). [1, 2].

Table 3: Diagnostic Criteria of Severe Sepsis and Septic Shock

Severe Sepsis	Sepsis with new signs of organ dysfunction or a decrease in organ perfusion [lactate acidosis, oliguria (<30 ml/h or <0.5 ml/kg/h), hypotension (<90 mmHg or decrease of >40mm Hg) and mental alteration]
Septic Shock	Severe sepsis and hypotension persistent despite adequate fluid substitution and exclusion for other reasons for hypotension

3 Therapy

Recommendations for treatment of sepsis are summarized for cardiovascular insufficiency in [Table 4](#), for respiratory failure in [Table 5](#), for renal failure in [Table 6](#), nutrition and control of metabolic functions in [Table 7](#), for coagulation disorders in [Table 8](#), for hematopoietic growth factors and immunoglobulins in [Table 9](#), for transfusion in [Table 10](#).

Table 4: Therapy of Sepsis - Cardiovascular Insufficiency

Recommendations	Category of Evidence
Volume substitution can be carried out with crystalloid fluids or colloids.	A-I
Human albumin should not be used for volume substitution.	D-II
The drug of choice to elevate the vasotonus is norepinephrine.	B-II
In case of sepsis-related myocardial depression leading to low cardiac output despite adequate volume substitution, treatment with dobutamine should be instituted.	A-II

Table 5: Therapy of Sepsis - Respiratory Failure

Recommendations	Category of Evidence
Noninvasive positive pressure ventilation (CPAP or bilevel positive airway pressure) should be preferred if possible in patients without hypotension or altered mental status.	A-II
An early start of noninvasive ventilation, before development of severe hypoxemia, is favorable.	B-III

Table 6: Therapy of Sepsis - Renal Dysfunction

Recommendations	Category of Evidence
Intermittent hemodialysis and continuous renal replacement therapies are equivalent.	B-I
No firm recommendations can be given for the use of increased doses of renal replacement therapy.	C-I
Low-dose dopamine for protection of renal function is not recommended.	E-I

Table 7: Therapy of Sepsis - Nutrition and Control of Metabolic Functions

Recommendations	Category of Evidence
Oral diet is preferred over parenteral nutrition.	A-III
During initial phase of sepsis, energy supply should not exceed 20–25 kcal/kg IBW.	D-III
During recovery, 25–30 kcal/kg IBW should be provided.	B-III
Patients with an APACHE II score of 10–15 might benefit from receiving a formulation enriched with arginine, nucleotides and ω -3-fatty acids.	B-I
Mortality of patients with an APACHE II score of >25 might be increased when receiving a formulation enriched with arginine, nucleotides and ω -3-fatty acids.	E-II
Aiming at strictly normal blood glucose level of 4.4–6.6 mmol/l (80–120 mg/dl) is not recommended.	E-I
Blood glucose levels should be kept ≤ 8.3 mmol/l (150 mg/dl) in septic neutropenic patients.	B-III
Further clinical trials are needed before treatment with selenium can be recommended.	C-I
High-dose corticosteroids should not be used in neutropenic or nonneutropenic septic patients.	E-I
The use of substitutive doses of hydrocortisone in neutropenic patients with sepsis is not recommended.	D-I

Table 8: Therapy of Sepsis - Coagulation

Recommendations	Category of Evidence
Further trials on the use of low-dose heparin (500 IU/h for 7 days) are needed before recommendations can be made.	C-I
No evidence-based recommendations on the use of ATIII in neutropenic patients with sepsis can be made.	C-I
If contraindications are thoroughly ruled out, the use of APC is recommended in patients with an APACHE II score >25 or a minimum of two organs failing.	A-I
The use of APC is not recommended in patients with an APACHE II score <25.	E-I

Table 9: Therapy of Sepsis - Hematopoetic Growth Factors and Immunoglobulins

Recommendations	Category of Evidence
The routine additional use of G-CSF or GM-CSF to standard treatment of sepsis in neutropenia is not recommended.	D-I
There is moderate degree of evidence to support the use of i.v. immunoglobulins in sepsis.	B-II

Table 10: Therapy of Sepsis - Transfusion

Recommendations	Category of Evidence
The cut-off for substitution of platelets is often set to a higher value (platelets 20 000/l instead of 10,000/l) during sepsis.	B-III
Although there are no prospective randomized studies showing a clinical benefit, hemoglobin levels should be kept >9 g/dl to optimize tissue oxygenation.	B-III

4 References

1. Olaf Penack, Dieter Buchheidt, Maximilian Christopeit, Marie von Lilienfeld-Toal, Gero Massenkeil, Marcus Hentrich, Hans Salwender, Hans-Heinrich Wolf, Helmut Ostermann: Management of sepsis in neutropenic patients: Guidelines from the infectious diseases working party of the German Society of Haematology and Oncology. Ann Oncol 22:1019-1029, 2011. DOI: [10.1093/annonc/mdq442](https://doi.org/10.1093/annonc/mdq442)
2. Levy MM, Fink MP, Marshall JC et al. 2001 SCCM/ESICM/ACCP/ATS/SIS International Sepsis Definitions Conference. Crit Care Med 2003; 31: 1250-1256. PMID: [12682500](https://pubmed.ncbi.nlm.nih.gov/12682500/)

5 Links

<https://www.agiho.de/ueber-die-agiho>

6 Authors' Affiliations

PD Dr. med. Olaf Penack

Charité - Universitätsmedizin Berlin
 CVK: Campus Virchow-Klinikum
 CC 14: Tumormedizin
 Augustenburger Platz 1
 13353 Berlin
 Tel: 030 450653192
 Fax: 030 450553914
olaf.penack@charite.de

Prof. Dr. med. Dieter Buchheidt

Klinikum Mannheim GmbH
 Medizinische Fakultät Mannheim
 III. Medizinische Klinik
 Theodor-Kutzer-Ufer 1-3
 68167 Mannheim
 Tel: 0621 383-4110
 Fax: 0621 383-4201
dieter.buchheidt@umm.de

PD Dr. med. habil. Maximilian Christopeit

Universitätsklinikum Hamburg-Eppendorf
Interdisziplinäre Klinik für Stammzelltransplantation
Martinistr. 52
20246 Hamburg
mchristo@uke.de

Prof. Dr. med. Marie von Lilienfeld-Toal

Universitätsklinikum Jena
Klinik für Innere Medizin II
Abt: Hämatologie und Intern. Onkologie
Erlanger Allee 101
07747 Jena
Tel: 03641 9-324201
Fax: 03641 9-324202
Marie.von_Lilienfeld-Toal@med.uni-jena.de

PD Dr. med. Marcus Hentrich

Rotkreuzklinikum München gGmbH
III. Medizinische Abteilung -
Hämatologie und Onkologie
Nymphenburger Str. 163
80634 München
Tel: 089 1303-39250
Fax: 089 1303-394335
marcus.hentrich@swmbrk.de

Dr. med. Hans-Jürgen Salwender

Asklepios Klinik Hamburg-Altona
II. Medizinische Abteilung
Hämatologie / Stammzelltransplantation
Paul-Ehrlich-Str. 1
22763 Hamburg
Tel: 040 181881-1211
Fax: 040 181881-4904
h.salwender@asklepios.com

Dr. med. Hans-Heinrich Wolf

Universitätsklinikum Halle
Innere Medizin IV
Ernst-Grube-Str. 40
06120 Halle
Tel: 0345 557-3273
Fax: 0345 557-2950
hans.wolf@medizin.uni-halle.de

Prof. Dr. med. Helmut Ostermann

Klinikum der Universität München-Großhadern
Medizinische Klinik und Poliklinik III
Abt. Hämatologie / Onkologie
Marchioninistr. 15
81377 München
Tel: 089 44-76038
Fax: 089 7095-6039
helmut.ostermann@med.uni-muenchen.de

7 Disclosure

according to the rules of the German Association of Hematology and Oncology (*DGHO, Deutsche Gesellschaft für Hämatologie und Medizinische Onkologie*) and the recommendations of the AWMF (version dated April 23, 2010) and international recommendations.